

Winter Menu

Week 1

Monday

Lunch- *Jan's macaroni cheese with butternut squash*

Fruit yogurt

Tea- *Chilli beans with wholemeal toast, cucumber and carrot batons*

Jan's sprinkle sponge cake

Tuesday

Lunch- *Jan's savoury lamb mince with roast potatoes, cabbage and leek*

Jan's rhubarb crumble served with custard

Tea- *Wholemeal ham rolls with pineapple and melon slices*



American Chocolate chip cookie

Wednesday



Lunch- *Breaded cod with homemade chips and peas*

Jan's banana rice pudding

Tea- *Jan's homemade vegetable soup with crusty bread and fruit slices*



Jan's homemade Scottish shortbread

Thursday

Lunch- *Jan's pasta in a tomato & garlic sauce with crème fraiche served with broccoli*

Jan's apple and cinnamon sponge cake served with custard

Tea- *Cheese selection served with oat & barley bread, breadsticks, olives and pineapple*

Fromage frais

Friday

Lunch- *Vegetable fingers, creamy mashed potato and baked beans*

Fresh fruit slices

Tea- *Buttered crumpets with cucumber and pepper slices*

Jan's beetroot and chocolate brownie

Winter Menu

Week 3

Monday

Lunch- *Jan's Tuna pasta bake served with peas and sweetcorn*

Jan's peach sponge served with warm custard

Tea- *Jan's wholemeal pizza bagels with fresh tomato slices*

Fromage Frais

Tuesday



Lunch- *Jan's pork bobotie served with mixed vegetables*

Natural Greek yogurt with honey

Tea- *Fish finger hotdog with fruit slices*

Jan's marble cookie

Wednesday

Lunch- *Jan's roast chicken with roast potatoes, mashed swede and carrots*

Jan's apple crumble served with warm custard

Tea- *Wholemeal cucumber sandwiches with olives and satsuma segments*

Jan's melting moment biscuit

Thursday



Lunch- *Hungarian Goulash, creamy mashed potato and mixed vegetables*

Fruit crumble and custard

Tea- *Jan's homemade vegetable soup with oat & barley bread and pepper slices*

Jan's lemon shortbread

Friday

Lunch- *Jan's chickpea and vegetable chilli served with brown rice*

Fresh fruit and custard

Tea- *Jan's cheesy muffins with a fresh fruit selection*

Jan's cupcakes

Winter Menu

Week 2

Monday

Lunch- Jan's vegetable pasta bolognaise

Banana slices served with custard

Tea- Cheese and cracker selection served with pineapple and carrot stick

Jan's jam & coconut sponge cake

Tuesday

Lunch- Jan's chicken sausage casserole with herby potatoes

Fresh fruit slices

Tea- Warm toasted teacakes with apple and cucumber slices

Jan's iced sponge cake

Wednesday

Lunch- Jan's fish pie served with fresh carrots

Jan's pear crumble with warm custard



Tea- Armenian Lahmajoun (pizza) with olives and pineapple

Fresh fruit slices

Thursday

Lunch- Jan's beef cottage pie served with broccoli florets

Pastels de nata (Portuguese custard tart)



Tea- Warm buttered crumpets served with fruit slices

Jan's sprinkle sponge cake

Friday

Lunch- Jan's Sweet potato & cheese pie served with baked beans

Jan's fruit crumble served with warm custard

Tea- Ham rolls served with vegetable sticks

Greek yogurt with honey